



**P31 CONSULTING LTD**

*Stepping out of your comfort zone*

## 'LUNCH' AND 'LEARN'



**Not enough time to attend training courses, but want to keep employees motivated during tough times. Then 'lunch and learn' is an ideal taster to develop the skills of employees, make them feel valued and build strong teams.**

## COURSE OUTLINE

### **Who should attend:**

*These workshops are designed to suit the needs of employees ranging from leaders, managers and frontline employees. It is ideal for building team spirit and would suit up to 20 employees.*

### **What you can expect:**

A participative and interactive workshop designed to suit client needs, offering a range of learning solutions to improve skills, build confidence and foster better relationships amongst employees. Workshop topics could include:

CHANGE MANAGEMENT	LEADERSHIP AND MANAGEMENT	PERSONAL EFFECTIVENESS
<ul style="list-style-type: none"><li>• Building Resilience through change</li><li>• Leading teams through change</li><li>• Career management and transition</li></ul>	<ul style="list-style-type: none"><li>• Leadership skills</li><li>• Influencing Skills</li><li>• Delivering effective appraisals</li><li>• Managing Absences</li><li>• Coaching skills</li></ul>	<ul style="list-style-type: none"><li>• Time management</li><li>• Presentation skills</li><li>• Communication skills</li><li>• Customer Service</li><li>• Goal setting</li><li>• Assertiveness skills</li></ul>

Lunch to be provided\*

### **The outcome:**

The business will benefit from a motivated and enthused workforce and individuals will develop practical techniques which will benefit them professionally and personally.

### **Investment to the organisation**

**CONTACT:** info@ p31consulting.com for further information.

**\*Lunch to be provided by organisation.**